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Escape Into ESPA At the Peninsula Spa

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Yesterday, the Peninsula New York hotel debuted its new Asian-themed, three-level luxury spa, with treatments designed by the spa consultancy company ESPA. Described as an “urban resort destination,” the facility boasts a 32,000 square-foot space, 12 treatment rooms (7 with their own private showers), a tea lounge and thermal suites that feature aromatherapy steam rooms and ice fountains. Designer Alexandra Champalimaud, who managed the overhaul of the St. Regis Beijing and collaborated on the redo of Boston’s Charles Street Jail into the Liberty Hotel, meshed modernism with naturalism for the project, filling the space with teak-tree sculptures, hand-made benches carved from salvaged acacia wood and a 24-karat gold Bisazza mosaic. ESPA treatments include the Peninsula Body and Mind treatment (\$930 for 4 hours; includes a jade hot stone massage and super-active facial), the Mother-To-Be treatments (\$515 for 2 hours, 30 minutes; includes a specially designed pre-natal facial) and the Men’s Retreat (\$660 for 3 hours; includes a deep tissue massage and skin-specific men’s purity facials).

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